

SHABBAT CANDLE LIGHTING

Blessing when lighting Shabbat candles:

Transliteration:

Baruch Atah Adonai,
Eloheinu Melech haolam,
asher kid'shanu
b'mitzvotav
v'tzivanu
l'hadlik ner, *l'hadlik ner*
shel Shabbat.

Translation:

Blessed are You, Lord
Our God, King of the universe,
who has sanctified us
with His commandments, his mitzvot*,
and commanded us
to kindle the lights
of Shabbat.

Hebrew:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹת וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Notes: In Hebrew, we read right to left instead of left to right.

The first word is בָּרוּךְ *Baruch* which means *blessed* or *praised*.

The last word is שַׁבָּת *Shabbat* which means *Sabbath* (a holy day of rest).

**mitzvot* = In this context, this word means commandments. It is the plural form of *mitzvah* which is a very common term used by Jews which means a "good deed."

For example:

- If a child helps another child, the parent would probably say, "Yay; you did a *mitzvah*!"
- There is a story about a stranger helping a woman find her lost cell phone. When they found it, she offered to pay the stranger. He refused payment, and told her he was just doing a *mitzvah*.

KIDDUSH*

Genesis 1:31 - 2:3

Vay'hi erev vay'hi voker yom hashishi.
Vay'chulu hashamayim v'haaretz v'chol tz'vaam.
Vay'chal Elohim bayom hash'vi-i m'lachto asher asah.
Vayishbot bayom hash'vi-i mikol m'lachto asher asah.
Vay'varech Elohim et yom hash'vi-i vay'kadeish oto,
ki vo shavat mikol m'lachto asher bara Elohim laasot.

And there was evening and there was morning, the sixth day.
The heaven and the earth were finished, and all their array. On the seventh day God finished the work that God had been doing, and God ceased on the seventh day from all the work that God had done. And God blessed the seventh day and declared it holy, because on it God ceased from all the work of creation that God had done.

Blessing over the juice:

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.
Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'ratzah vanu,
v'Shabbat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseih v'reisheet. Ki hu yom
t'chilah l'mikra-ei kodesh, zecheh litziat Mitzrayim. Ki vanu vacharta, v'otanu kidashta, mikol
haamim. V'Shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch atah, Adonai,
m'kadeish haShabbat.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.
Blessed are You, Adonai our God, Sovereign of all, who finding favor with us, sanctified us
with mitzvot. In love and favor, You made the holy Shabbat our heritage as a reminder of the
work of Creation. As first among our sacred days, it recalls the Exodus from Egypt. You chose
us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat
as an inheritance. Blessed are You, Adonai, who sanctifies Shabbat.

**Kiddush* is a Hebrew word that translates to “sanctification” or “setting apart.”

TORAH BLESSINGS

Blessings before reading the Torah

Transliteration

Reader: Ba-r'chu et Adonai ha-me-vo-rach!

Congregation: Ba-ruch Adonai ha-me-vo-rach l'o-lam va-ed.

Reader: Ba-ruch Adonai ha-me-vo-rach l'o-lam va-ed. Ba-ruch a-ta Adonai, Eloheinu meh-lech ha-o-lam, a-sheer ba-char ba-nu mi-kol ha-a-mim, v'na-tan la-nu et to-ra-to.

Ba-ruch a-ta A-do-nai, no-tein ha-to-rah!

Translation

Praise *Adonai*, to whom our praise is due!

Praised be *Adonai*, to whom our praise is due, now and forever!

Blessed are You, Eternal One, our God,

Who has chosen us from all peoples by giving us the Torah.

Blessed are You, *Adonai*, Giver of the Torah.

Blessing after reading the Torah

Transliteration

Ba-ruch ata Adonai, Eloheinu meh-lech ha-o-lam, a-sheer na-tan la-nu to-rat eh-met, v'cha-yei o-lam na-ta b'to-chei-nu. Ba-ruch ata Adonai, no-tein ha-to-rah.

Translation

Blessed are You, Eternal One, our God, King of the universe,

who has given us a Torah of truth, and planted in our midst eternal life.

Blessed are You, Eternal One, who gives the Torah.